



www.therapypartners.co.uk
enquiries@therapypartners.co.uk
0845 5274809



www.rewriteyourstory.org.uk
connect@rewriteyourstory.org.uk
0845 004 5777

Welcome to Therapy Partners & Rewrite Your Story!

Below you will find some information that may be useful prior to starting treatment.

Treatment Agreement

If you haven't done so already, before treatment commences, we kindly request that you review and return a signed treatment agreement. This can be accessed online by clicking on the link below:

<https://www.therapypartners.co.uk/client-agreements>

Treatment Options

Your scheduled appointment will last for approximately 50 minutes although an assessment appointment may last up to an hour and a half.

Your therapist will give you their direct email address which we request you use for contacting your therapist if you need to reschedule an appointment etc.

Payment options

Once a date and time has been agreed for your session, you will be sent a link to our Bookings Page where you can confirm your attendance and make payment for your session.

Please note that all appointments need to be booked and paid for at least **24hrs or more** before the start of each session, and our cancellation policy can be seen below in blue:

[Cancellations via email or telephone to your therapist less than 48 hours before your appointment will count as a session within your treatment allocation. Regrettably we will not be able to offer a refund or reschedule the appointment.](#)

[Cancellations via email or telephone to your therapist more than 48 hours before your appointment may be rescheduled depending on the therapist's availability](#)

In Person Therapy

Your therapist will meet you in reception, at your appointment time then accompany you to our therapy rooms on the third floor. As there are a number of stairs to climb in Maidstone, please do let us know before your first appointment if this will present an issue for you. There is limited seating in reception.

Remote Therapy

Your therapist will send you the Zoom link prior to the start of your remote session. If the technology fails, they will contact you by phone unless you advise us not to do so.

Spain - Calle Pablo Picasso 1, Planta 2, local 1, Edificio Orihuela, 03189 Playa Flamenca (Alicante)

UK - Maidstone Clinic, MCSC, 39-48 Marsham Street, Maidstone, ME14 1HH

UK - Dorset Clinic, Prospect House, Business Centre Office F5, 41 Peverell Avenue East, Poundbury, Dorchester, Dorset, DT1 3WE



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Getting the best from Therapy

It is always helpful to have an idea about what you would like to gain from therapy, so perhaps you could ask yourself, what might be different after my sessions. This will help you and your therapist to work together on your problems and goals in the most effective way. These are YOUR sessions so if there is something you aren't sure about or would prefer, we would encourage you to discuss this with your therapist at any time during your treatment schedule.

Therapy Types

Please see our website for more details on therapy for individuals, families, couples etc.

www.therapypartners.co.uk/therapy-and-counselling/types-of-therapy

We have a range treatment options available to you. For instance, it can be helpful for you to consider whether you are someone who works through your problems while talking aloud, or whether you might prefer something slightly more structured e.g. perhaps to learn some new coping strategies.

How to find us: Our address is:

Therapy Partners Spain

Calle Pablo Picasso 1
Planta 2, local 1
Edificio Orihuela
03189 Playa Flamenca (Alicante)
[Google Maps](#)



We are located close to Max's gym in Playa Flamenca.

When you arrive, please use the stairs or the lift to the **second floor** where there is a small reception area.

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Parking

There is on road parking close by, there is also time limited parking spaces available at the Mercadona supermarket.



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